

***Are you a carer?  
Looking after a frail,  
ill or disabled adult  
or child***

***Need a break?  
Regular or occasional?***



Crossroads Care Croydon aims to provide practical help and support to carers in Croydon and the surrounding areas

**Telephone 020 8688 4499**

**Crossroads Care Croydon**  
410 Brighton Road  
South Croydon CR2 6AN

**CROSS  
ROADS  
CARE**  
Croydon



## **Short break services**

We offer a wide variety of short break services to carers who are looking after an adult, child, at home because they are ill, frail or disabled.

## **Saturday Club**

A fun place to go for children with disabilities aged between 8 and 18.

## **Take a break**

Designed for parents who need a break from caring for a child with a disability but do not get regular services from social services.

## **Macmillan Palliative Care Service**

Provides short breaks for carers of people with a terminal illness, in partnership with Macmillan Cancer Support.

### **How to get the above services**

Ring us on 020 8688 4499 or email us;  
[mail@croydoncrossroads.org.uk](mailto:mail@croydoncrossroads.org.uk)

## **Carers' Support Services**

Provides support and advice in accessing services. They also provide outings for carers and can give out grants towards carer's holidays, transport, training and the linked short break costs.

Their direct line is  
**020 8667 9893.**



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